

Movements



Interesting: The soccer player streaked past opponents and sprinted toward the goal.

Boring: The soccer player moved fast.

Fast			Slow		
biked	jerked	skittered	ambled	loitered	staggered
bolted	jolted	slammed	biked	lollygagged	stalked
bounded	jostled	slapped	brewed	lounged	stamped
burst	jumped	slashed	coasted	lugged	stepped
bustled	kicked	sliced	crawled	lumbered	stomped
charged	knocked	smacked	crept	lurked	straggled
chased	lashed	smashed	cruised	marched	strayed
clamored	leapt	snapped	dawdled	meandered	strode
crashed	lunged	snatched	dillydallied	moped	stroked
darted	mauled	sped	dragged	moseyed	strolled
dashed	nabbed	sprang	drifted	napped	strutted
dodged	outpaced	sprinted	dripped	paced	swaggered
dove	outran	stampeded	edged	plodded	swayed
erupted	plunged	streaked	floated	plopped	tiptoed
flailed	pounced	swiped	flowed	poked	toddled
fled	quickened	swooped	frolicked	prowled	trailed
flew	raced	tackled	froze	relaxed	traipsed
frisked	ran	tore	gallivanted	roamed	traversed
galloped	rode	trotted	glided	rocked	treaded
grabbed	rushed	whirred	hiked	roved	trekked
grasped	scampered	whisked	hobbled	sauntered	tromped
gunned	scooted	whizzed	inched	shuffled	trooped
hastened	scrambled	wrestled	jogged	skipped	trudged
hightailed	scurried	yanked	journeyed	slinked	undulate
hurried	scuttled	zapped	lagged	slithered	ventured
hustled	shot	zigzagged	limped	slogged	waited
jabbed	shoved	zipped	lingered	slowed	walked
jammed	skipped	zoomed	loafed	snuck	wallowed
			lobbed	sputtered	wandered

“Said” Synonyms



Z-Z-Z-Z **Boring:** “I don’t want to go,” she said.

Z-Z-Z-Z **Interesting:** “I don’t want to go!” she whimpered.

<p>agreed acknowledged assented conceded concurred consented seconded</p> <p>animal sounds barked chirped croaked crowed growled hissed howled panted roared snarled squawked squeaked yapped yelped</p> <p>answered reacted remarked replied responded retorted returned</p> <p>argued bickered contended contested contradicted countered debated denied disagreed disputed</p>	<p>objected opposed protested quarreled quibbled squabbled</p> <p>asked challenged grilled inquired interrogated pried probed queried questioned quizzed requested</p> <p>begged beseeched entreated implored petitioned pleaded prayed pressed requested urged</p> <p>blamed accused alleged attacked charged claimed rebuked reproved</p> <p>chatted babbled blabbed</p>	<p>chitchatted gabbed gibbered gossiped jabbered prattled</p> <p>commented mentioned noted opined remarked stated</p> <p>complained bemoaned bewailed fretted fussed griped groaned grumbled moaned pouted sniveled whimpered whined yammered</p> <p>cried bawled bemoaned bewailed blubbered grieved groaned howled lamented moaned mourned</p>	<p>sighed sniffled sniveled sobbed wailed wept whimpered yammered yowled</p> <p>criticized blasted chastised chided disapproved lambasted nitpicked reprimanded zinged</p> <p>declared announced asserted broadcasted confirmed informed proclaimed professed</p> <p>exaggerated boasted bragged distorted elaborated embellished enhanced expanded expounded fabricated inflated</p>	<p>romanticized overstated</p> <p>explained clarified described detailed illustrated interpreted paraphrased summarized translated</p> <p>gasped choked gulped heaved panted snorted wheezed</p> <p>imitated aped echoed impersonated mimicked mocked parodied parroted</p> <p>interrupted blurted inserted interfered interjected</p> <p>intimidated badgered browbeat bullied coerced harassed hounded</p>
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"Said" Synonyms

intimidated

(cont'd)
taunted
threatened

joked

bantered
jested
jived
joshed
kidded

laughed

cackled
chortled
chuckled
giggled
howled
roared
snickered
sniggered
snorted

nagged

badgered
hounded
needled
pestered
prodded

observed

detected
discerned
discovered
noted
noticed
perceived

ordered

charged
commanded
decreed
demanded
directed
instructed

persuaded

cajoled
coaxed
convinced
exhorted
insisted
urged
wheedled
wooed

predicted

conjectured
forecasted
foretold
guessed
inferred
presumed
prognosticated
prophesied
speculated
supposed
surmised

promised

agreed
assured
ensured
guaranteed
pledged
swore
vowed

raged

boiled
bristled
foamed
fumed
ranted
raved
spit
stormed

rejoiced

celebrated
cheered
exulted
hooted
jubilated
reveled

remembered

brooded
recalled
recollected
reflected
reminisced

retold

narrated
quoted
recited
recounted
repeated

revealed

announced
confessed
confided
declared
disclosed
divulged
expressed
proclaimed
professed
uttered

sang

chanted
chirped
crooned
hummed
serenaded
trilled

twittered
warbled
yodeled

scolded

berated
chastened
chided
criticized
lectured
rebuked
reprimanded
reproached

screamed

bawled
bellowed
blared
blurted
cried
exclaimed
hollered
roared
shouted
shrieked
shrilled
squealed
wailed
yelled
yowled

stuttered

faltered
hesitated
sputtered
stammered
stumbled
trembled

suggested

advised
hinted
implied

inferred
insinuated
intimated
offered
proposed
recommended

tattled

blabbed
blurted
gossiped
leaked
rumored
snitched
spilled
squeaked

teased

bugged
harassed
mocked
needled
pestered
razzed
ribbed
roasted
taunted

warned

admonished
advised
alerted
cautioned
exhorted
forewarned

whispered

breathed
buzzed
hissed
mumbled
murmured
muttered

Action Verbs



Z-Z-Z-Z **Boring:** The hungry students ate their lunches.
Interesting: The hungry students scarfed down sandwiches and devoured cookies.

arrived

alighted
 appeared
 disembarked
 dismounted
 entered
 landed
 reached

ate

attacked
 chowed
 consumed
 devoured
 feasted
 gobbled
 gorged
 grazed
 inhaled
 munched
 nibbled
 noshed
 pecked
 picked
 porked
 scarfed
 snacked
 wolfed

attacked

ambushed
 assaulted
 besieged
 bombarded
 charged
 combated
 infiltrated
 invaded
 jumped
 mugged

overwhelmed
 pounced
 raided
 rushed
 stormed
 struck

began

activated
 commenced
 incited
 initiated
 instigated
 instituted
 introduced
 launched
 originated
 pioneered
 started

broke

busted
 cracked
 crushed
 demolished
 fractured
 severed
 shattered
 smashed
 snapped
 split
 tore

bumped

banged
 bounced
 butted
 collided
 jarred
 jerked

jolted
 jostled
 knocked
 pounded
 rattled
 shook
 slammed
 smacked
 thudded
 thumped
 thwacked

caught

apprehended
 bagged
 busted
 captured
 hooked
 lassoed
 nabbed
 nailed
 netted
 plucked
 snagged
 snared
 snatched

changed

adapted
 altered
 converted
 evolved
 metamorphosed
 modified
 mutated
 reformed
 remodeled
 renovated
 reorganized
 restyled

revolutionized
 transfigured
 transformed
 transposed

chased

charged
 drove
 followed
 hounded
 hunted
 pursued
 rushed
 sped
 tracked
 trailed

cheered

applauded
 clapped
 hailed
 praised
 rooted
 saluted
 yelled

clapped

applauded
 cheered
 patted
 slapped

climbed

ascended
 clambered
 crawled
 escalated
 mounted
 rose
 scaled
 soared

Action Verbs

closed

blocked
bolted
buttoned
clenched
clogged
corked
locked
obstructed
plugged
screened
sealed
shut
stuffed

covered

blanketed
buried
camouflaged
carpeted
cloaked
clothed
coated
concealed
disguised
eclipsed
enclosed
enfolded
enshrouded
enveloped
hid
masked
obscured
screened
shaded
shrouded
veiled
wrapped

crashed

crunched
sideswiped
smashed
totaled

cried

bawled
bemoaned
bewailed
blubbered
grieved
groaned
howled
lamented
moaned
mourned
sniffed
sniveled
sobbed
wailed
wept
whimpered
whined

cut

amputated
carved
chiseled
chopped
cleaved
clipped
cropped
curtailed
diced
gashed
hacked
lacerated
lopped
nicked
pierced
punctured
ripped
sheared
slashed
sliced
slit
snipped
split
whacked

danced

boogied
frolicked
hopped
hustled
jigged
jitterbugged
jived
jumped
leapt
pranced
rocked
shimmied
spun
strutted
swayed
swung
tangoed
tapped
twisted
waltzed
whirled

destroyed

annihilated
crushed
decimated
demolished
eradicated
exterminated
extinguished
leveled
quashed
quelled
ravaged
razed
ruined
sabotaged
ripped
shattered
smashed
totaled
trashed
vandalized
wasted
wrecked

disappeared

absconded
dissolved
ebbed
evanesced
evaporated
faded
fled
melted
receded
retreated
vanished
waned

dragged

hailed
lugged
schlepped
towed
trailed
transported
tugged
yanked

drank

chugged
consumed
downed
gargled
gulped
guzzled
lapped
sipped
slurped
swallowed
swigged
toasted

escaped

absconded
bolted
circumvented
deserted
disappeared

...more Action Verbs

escaped (cont'd)

dodged
ducked
eluded
evaded
fled

exploded

backfired
blasted
blazed
burst
detonated
erupted
ruptured
shattered
split
thundered

fell

collapsed
declined
descended
dropped
plunged
poured
stumbled
sunk
toppled
tottered
tripped
tumbled

fixed

adjusted
corrected
doctored
mended
overhauled
patched
rebuilt
reconstructed
repaired
restored
revamped

flew

buzzed
circled
crossed
darted
dashed
dove
drifted
floated
fluttered
glided
hovered
jetted
maneuvered
scudded
skimmed
soared
swooped
whisked
whooshed
zipped
zoomed

fought

battled
bickered
boxed
brawled
clashed
contended
disputed
dueled
feuded
grappled
jostled
quarreled
scuffled
skirmished
spared
tussled
warred
wrestled

found

discovered
located
pinpointed
recovered
spotted
uncovered
unearthed

gathered

aggregated
assembled
clustered
collected
congregated
convened
converged
corralled
crowded
flocked
herded
hoarded
huddled
rallied
reunited
stockpiled
swarmed
thronged
united

gave

awarded
bequeathed
bestowed
conferred
contributed
donated
endowed
entrusted
gifted
granted
handed
presented
provided

relinquished
supplied

grew

abounded
amplified
broadened
developed
doubled
enlarged
expanded
extended
flourished
heightened
increased
inflated
lengthened
matured
multiplied
produced
rose
shot
spread
sprouted
stretched
swelled
thickened
waxed
widened

held

clasped
cleaved
clenched
clung
clutched
cradled
embraced
enclosed
grasped
gripped
hugged
palmed
squeezed

...more Action Verbs

hit

bashed
beat
boxed
clipped
clobbered
clocked
clubbed
cuffed
flailed
hooked
jabbed
knocked
nailed
pelted
popped
pounded
punched
slapped
slugged
smacked
socked
struck
swatted
thrashed
thumped
walloped
whacked

hugged

clung
cradled
cuddled
embraced
enfolded
enveloped
grasped
nestled
pressed
squeezed

hung

attached
dangled

draped
drooped
fastened
hooked
suspended

hurt

abused
ached
afflicted
ailed
belted
bit
bruised
burned
cut
disabled
flailed
flogged
harmed
impaired
injured
kicked
lacerated
lashed
mauled
nipped
pierced
pinched
pricked
pummeled
punched
punctured
slapped
slugged
squeezed
stabbed
stung
throbbled
tore
whacked
whipped
wounded
wrung

jumped

bobbed
bounced
bucked
cantered
dove
hopped
hurdled
jerked
leapt
loped
lunged
lurched
parachuted
plummeted
skipped
sprang
tripped
vaulted

laughed

burst
chortled
chuckled
giggled
guffawed
hee-hawed
howled
roared
screamed
shrieked
simpered
snickered
sniggered
snorted
tee-heed
tittered
whooped

left

abandoned
departed
deserted

disappeared
ditched
eloped
embarked
escaped
exited
fled
scrammed
split
vacated
vanished
withdrew

made

assembled
built
constructed
created
fashioned
forged
formed
framed
invented
manufactured
produced
shaped

mended

cured
doctored
fixed
healed
improved
patched
rebuilt
reconstructed
recovered
recuperated
remedied
repaired
restored
revised

...even more Action Verbs

opened

bore
burst
cleared
exposed
jimmied
revealed
ruptured
slit
spread
unblocked
unbolted
uncorked
uncovered
unfastened
unfurled
unlatched
unlocked
unsealed
unwrapped
vented
ventilated

planned

arranged
brainstormed
devised
engineered
formulated
mapped
organized
outlined
plotted
schemed
sketched
strategized

played

cavorted
clowned
frolicked
reveled
romped

pulled

dragged
hauled
heaved
jerked
lugged
plucked
schlepped
towed
tugged
wrenched
yanked

pushed

bulldozed
crowded
elbowed
gored
impelled
jammed
jostled
launched
muscled
nudged
poked
railroaded
rammed
shouldered
shoved
squashed
squeezed
squished
steamrolled
thrust

reached

extended
grasped
lunged
seized
strained
stretched

repaired

cured
doctored
fixed
healed
improved
mended
patched
rebuilt
reconstructed
recovered
recuperated
restored
revised

ripped

clawed
frayed
gashed
shredded
slashed
slit
split
tore

shook

chattered
jarred
jerked
jogged
joggled
jolted

quaked
quivered
rattled
reeled
rocked
ruffled
shimmered
shimmied
shivered
shuddered
swayed
tottered
trembled
tremored
twittered
vibrated
waggled
waved
wobbled

shrunk

compressed
condensed
constricted
contracted
decreased
deflated
diminished
dwindled
lessened
narrowed
reduced
shortened
shriveled
waned
wasted
weakened
withered
wrinkled

skipped

bounded
cantered
flitted
hippety-hopped
hopped
leapt
pranced
scampered
scooted
skedaddled
skittered
sprang

slept

catnapped
crashed
dozed
dreamed
hibernated
napped
reposed
retired
slumbered
snoozed
snored

smiled

beamed
grinned
simpered
smirked

spun

gyrated
pirouetted
reeled
revolved
rotated
twirled

...even more Action Verbs

spun (*cont'd*)

twisted
wheeled
whirled

stayed

continued
lodged
remained
sojourned
visited

stole

abducted
blackmailed
burglarized
cheated
defrauded
embezzled
filched
fleeced
kidnapped
lifted
looted
pilfered
pillaged
pinched
pirated
plagiarized
plundered
poached
purloined
ransacked
shoplifted
snatched
stripped
swindled
swiped
thieved

stopped

barred
blocked
ceased
discontinued
disrupted
finished
halted
hindered
impeded
intercepted
obstructed
paused
quit
refrained
restrained
stalled
terminated

suffered

ached
agonized
ailed
endured
grieved
strained
tormented
winced
writhed

surrounded

besieged
circled
encased
encircled
enclosed
encompassed
engulfed
inundated
wrapped

swam

bathed
dove
floated
glided
paddled
raced
stroked
submerged
waded

swung

dangled
flapped
oscillated
pivoted
rocked
swayed
swerved
swiveled
twirled
whirled

threw

catapulted
chucked
fired
flung
hurled
launched
lobbed
pegged
pelted
pitched
scattered
showered
tossed
volleyed

took

abducted
bagged
borrowed
captured
clutched
commandeered
confiscated
filched
grabbed
hooked
lifted
nabbed
pinched
plucked
pocketed
seized
snagged
snatched
stole
swiped

trapped

ambushed
beguiled
cornered
corralled
deceived
duped
ensnared
entangled
entrapped
fooled

tricked


bamboozled
beguiled
charmed

cheated
conned
confused
deceived
defrauded
duped
fooled
hoodwinked
misled
outwitted
scammed
shafted
swindled
trapped

twisted

coiled
contorted
corkscrewed
curled
entwined
intertwined
spiraled
spun
squirmed
swiveled
turned
twined
twirled
weaved
wiggled
wound
wrapped
wrenched
wriggled
writhed
wrung
zigzagged

Sight

 *Z-Z-Z-Z-Z* **Boring:** The cave was dark.
Interesting: A shadowy gloom settled in the pitch-black cave.

To See

admire	gaze	mark	peer	spot
examine	glance	note	perceive	spy
eye	glare	notice	recognize	stare
eyeball	glimpse	observe	review	survey
focus	glower	ogle	scan	view
gape	goggle	peek	search	watch
gawk	inspect	peep	sight	witness

A Sight

appearance	hallucination	impression	reflection	view
display	illusion	mirage	scene	vision
exhibition	image	picture	spectacle	vista

Clear

apparent	crystalline	lucid	transparent	unobscured
cloudless	distinct	translucent	unclouded	visible

Light

alight	illuminated	lit	moonlit	sunny
fluorescent	incandescent	lucent	phosphorescent	sunshiny
golden	lighted	luminous	starry	well-lit

Dark

black	inky	nebulous	pitch-dark	sooty
blackish	lightless	obscure	pitchy	sunless
blackness	muddy	pitch-black	somber	unlit

Sight

Bright

ablaze	beaming	brilliant	glaring	radiant
aglow	blazing	flaming	glowing	vivid

Dim

bleary	dusky	fuzzy	murky	shadowy
blurred	faded	gloomy	opaque	shady
cloudy	faint	gray	overcast	tarnished
dreary	foggy	lackluster	pale	unclear


Shiny

burnished	glassy	glistening	polished	shining
crystal	gleaming	glittering	satiny	silvery
dazzling	glimmering	glossy	sheeny	sparkling
flickering	glinting	jeweled	shimmering	twinkling

Dull

ashen	drab	hazy	mousy	opaque
cloudy	dreary	indistinct	muddy	plain
colorless	dusky	lackluster	murky	subdued
dead	faded	low	muted	toned-down
dismal	flat	matte	obscure	unlit

Sound

 *ZZZZZ* **Boring:** Suddenly, a sound came from the basement.
Interesting: Suddenly, an ear-piercing shriek came from the basement.

To Hear

catch	detect	eavesdrop	listen	overhear
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A Sound

din	noise	note	resonance	tone
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Pleasant

harmonic	mellifluous	melodious	sonorous	symphonious
harmonious	melodic	rhythmical	symphonic	tuneful

Unpleasant

boisterous	ear-piercing	grating	piercing	rowdy
clamorous	ear-popping	monotonous	raucous	shrill
deafening	ear-splitting	noisy	riotous	whiny

Loud

bang	clamor	crackle	scream	stomp
bawl	clang	crash	screech	thud
bellow	clank	holler	shriek	thump
blare	clap	pop	slam	whack
blast	clash	racket	slurp	wham
boom	clatter	rattle	smash	whir
burst	crack	rumble	snore	whoop

Angry

bark	grumble	jeer	shout	snort
bellow	hiss	roar	snap	sputter
growl	holler	scream	snarl	yell

Scared

cry	scream	shriek	stammer	whimper
gasp	screech	squall	stutter	yelp

Sound

Sad

bawl	groan	sigh	sob	weep
blubber	howl	sniffle	squall	whimper
cry	moan	snivel	wail	yowl

Happy

cackle	giggle	laugh	snicker	tee-hee
chortle	guffaw	roar	snigger	titter
chuckle	howl	shriek	squeal	whoop

Quiet

bubble	creak	hum	pitter-patter	swish
buzz	drone	hush	plink	tick
calm	fizz	mumble	rustle	tinkle
click	gurgle	murmur	sigh	twitter
clink	hiss	mutter	sizzle	whisper

Silent

breathless	inaudible	muted	quiet	speechless
hushed	mouthed	noiseless	soundless	still

Musical

bang	clang	peal	strum	trill
beat	clink	plunk	thump	twang
boom	hum	rattle	tinkle	warble
chant	jingle	ring	toll	whistle
chime	jangle	rumble	toot	yodel

Animal

bark	cluck	honk	purr	squeal
bleat	coo	hoot	quack	twitter
bray	croak	howl	roar	whimper
buzz	crow	meow	screech	whinny
cackle	gobble	mew	snarl	yap
caw	growl	moo	snort	yelp
cheep	grunt	neigh	squawk	yip
chirp	hiss	peep	squeak	yowl

Conditions



Interesting: The disheveled room was littered with beat-up toys and filthy clothes.

Boring: The room was a mess.

Messy

bedraggled	disorderly	grubby	raunchy	sloppy
botchy	disorganized	ill-kempt	ruffled	slovenly
careless	filthy	lax	rumpled	uncombed
cluttered	foul	littered	shabby	unkempt
dirty	frowzy	muddled	slack	untidy
disheveled	frumpy	mussy	slapdash	wrinkled
disordered	grimy	nasty	slipshod	wrinkly

Neat

chipper	groomed	orderly	snug	trim
clean-cut	immaculate	organized	spick-and-span	uncluttered
combed	kempt	prim	spruce	unwrinkled
detailed	meticulous	shipshape	tidy	well-groomed
fastidious	natty	snappy	trig	well-pressed

Old

abandoned	dated	historical	primordial	tattered
aged	decayed	moth-eaten	raggedy	threadbare
ancient	decrepit	neglected	rickety	time-worn
antiquated	deteriorated	old-fashioned	run-down	traditional
antique	dilapidated	outdated	rusty	used
archaic	discarded	outmoded	scruffy	worm-eaten
broken-down	dowdy	out-of-date	shabby	worn
cast-off	faded	outworn	shoddy	worn-out
crusty	hackneyed	primitive	stale	wrinkly

New

advanced	fresh	newfound	stylish	untouched
brand-new	latest	new-sprung	trendy	untrodden
contemporary	modern	novel	ultramodern	unused
current	modernistic	original	unfamiliar	up-to-date
cutting edge	new-fashioned	recent	unspoiled	youthful

Conditions

Dirty

black	greasy	mucky	smear	stained
contaminated	grimy	muddy	smudged	sullied
cruddy	grubby	murky	soiled	sully
dingy	grungy	nasty	soily	tainted
draggled	icky	polluted	sooty	tarnished
dreggy	impure	raunchy	sordid	unclean
dungy	mangy	scummy	splotched	unsanitary
dusty	mildewed	scuzzy	spotted	unsightly
filthy	moldy	slimy	squalid	unswept

Clean

blank	fresh	sanitary	squeaky	unsoiled
bright	hygienic	shining	stainless	unsullied
cleansed	immaculate	shiny	taintless	untainted
clear	impeccable	sparkling	tidy	untarnished
dirtless	laundered	spick-and-span	unblemished	washed
flawless	pure	spotless	unpolluted	white

Damaged

beat-up	cracked	dismembered	mutilated	shivered
bent	crippled	flawed	peeling	shot
blemished	crumbled	fractured	pulverized	shredded
broken	demolished	fragmented	ripped	slivered
burnt	destroyed	impaired	ruptured	smashed
burst	dinged	injured	separated	split
busted	discolored	mangled	severed	tattered
collapsed	disintegrated	marred	shattered	wrecked

Undamaged

complete	mint	secure	steady	unimpaired
entire	perfect	set	unblemished	uninjured
faultless	permanent	settled	unbroken	unmarked
firm	plenary	shipshape	uncut	unmarred
fixed	preserved	solid	undefiled	unruffled
flawless	replete	sound	undivided	unscathed
full	rooted	stable	unharm	untouched
intact	safe	steadfast	unified	whole